

## You are scheduled for an Induction

*Induction of labor is the stimulation of uterine contractions before the spontaneous onset of labor for the purpose of accomplishing vaginal birth.*

### What you need to know:

- ❖ Your induction can be scheduled for any time during the day; however, the most common times are midnight or around 7:00 in the morning.
- ❖ When you arrive at the hospital report to registration, they will begin your paperwork and take you to your room on OB. Pre-registration makes this process much simpler.
- ❖ If you are a midnight induction, you will be given a low dose of Pitocin. Pitocin is the medicine most commonly used for inductions through the night. Many women choose to only have their two support people at the hospital with them during the night; this allows them to sleep as much as possible in preparation for labor.
- ❖ In accordance with visitor guidelines, only two support people can accompany you to the labor room. Everyone else will be directed to the visitors lounge on Post Partum.
- ❖ Occasionally, due to a high volume of patients, induction schedules are adjusted. If your schedule is going to be adjusted, you will receive a phone call from a nurse stating the reason for the adjustment and further instructions for you to follow.
- ❖ If at any time you feel as though you need to come to the hospital for evaluation, please feel free to do so. Your health and that of your child are the most important aspects of the induction process.